



MINISTRY  
OF EDUCATION AND  
SCIENCE OF UKRAINE

**Ministry of Education and Science of Ukraine**

**PROTECTING UKRAINE**

**Curriculum for comprehensive schools**

**Grades 10-11**

**Standard level**

**INDICATIVE THEMATIC OUTLINE NO. 1**  
**Subject matter to be studied by boys (optional for girls)**

№	Section, topics
	<b>Introduction</b>
<b>Section I. Fundamentals of Ukraine's national security</b>	
1	The system of Ukraine's national security
2	National interests and threats to national security. Military doctrine of Ukraine
<b>Section II. The Armed Forces of Ukraine in Defense of Ukraine</b>	
1	The legal and regulatory framework for military matters. The military oath and military symbols of Ukraine
2	History of the development of the Ukrainian army
3	Basics of International Humanitarian Law
<b>Section III. Statutes of the Armed Forces of Ukraine</b>	
1	The members of the armed forces and the relations between them. Military discipline
2	Organization of internal troops
<b>Section IV. Marching drill</b>	
1	Unarmed marching drills and movements
2	Squad formation
<b>Section V. Firearms Training</b>	
1	Firearms and their handling
2	General principles of ballistics. Firing at stationary targets and emerging targets
3	Hand fragmentation grenades and handling
<b>Section VI. Tactical training</b>	
1	Main features of military combat
2	Individual actions of a soldier and interaction in twos and threes
3	Soldier actions within combat groups and mechanized squads
4	Basics of military topography
5	Weaponry and Equipment of Military Unit
<b>Section VII. Applied physical training</b>	
1	Overcoming obstacles
2	Fundamentals of self-defence
<b>Section VIII. Foundations of civil protection</b>	
1	Legal and regulatory framework for civil protection
2	Natural, technogenic, military and social emergencies
3	Basic means of population protection in extreme situations
4	Basics of rescue and other urgent operations
<b>Section IX. Pre-medical care</b>	
1	Basic life support
2	Pre-medical care during bleeding
3	Pre-medical care in combat situations (tactical medicine)
	<b>Time Reserve</b>
	<b>TOTAL</b>

**INDICATIVE THEMATIC OUTLINE № 2**

**Study of the subject by girls (young men, who not studying the basics of military affairs for health reasons or religious beliefs)**

<b>№з/п</b>	<b>Section, topics</b>
	Introduction
<b>Section I. Fundamentals of medical knowledge and pre-medical care</b>	
1	Topic 1: Fundamentals of Ukrainian Health Care Legislation
2	Topic 2: General principles of providing medical care
3	Provision of pre-medical care for Sudden cardiac arrest
4	Topic 3 - Pre-medical care for airway obstruction and other emergencies
5	Topic 4. General concepts of injuries and trauma. Mechanism of trauma.
6	Topic 5 - Pre-medical treatment for injuries. Methods of stopping bleeding.
7	Topic 6 - Pre-medical treatment for injuries to local anatomical areas
8	Topic 7. Pre-medical treatment for burns, heat and sunstroke, frostbite, electrical injuries, drowning
<b>Section II. Fundamentals of civil protection</b>	
1	Topic 1 - Legal basics of civil protection
2	Topic 2: Natural, man-caused, military and social emergencies
3	Topic 3 - Basic methods of protecting people in emergency situations
4	Topic 4. Basics of rescue and other emergency situations
<b>Section III. International humanitarian law (IHL) on the protection of civilians</b>	
1	Topic 1: Fundamental provisions of IHL
2	Topic 2: Application of IHL
3	Topic 3 Means and methods of warfare
<b>Section IV. Pre-Medical Combat Care (Tactical Medicine)</b>	
1	Topic 1: Basic Principles of Pre-medical Combat Care
2	Topic 2 - Assisting in Under Fire Phase
3	Topic 3 Treatment in Tactical Environment and Evacuation
	Practice Skills Monitoring
	OUTCOME